Following on from the 2 evening meetings we are holding our last track meeting of the season.

Entries are limited for all events.

We will have our procedures to keep all athletes, officials and spectators safe and hope that you will respect and comply with all the rules. It is going to look and feel very different to our usual competitions, but, like everyone, we are having to learn and adapt.

*By entering this event you are acknowledging and agreeing to the following-*

*1.To limit numbers only 1 guest per athlete allowed*

*2.There will be NO toilet facilities for athletes and their guest- club portaloo is for Officials and event volunteers only.*

*3. To limit your time at the event you need to arrive, register, warm up in designated area, report for you event, compete, warm down and depart in a time efficient manner*

*4. Only athlete and officials allowed inside the track fence*

*5. Track entry and exit is by the gate at all times- hand sanitiser (provided by us) must be used on entry and exit. No bags inside the track (except for HJ)- arrive at the gate competition ready!*

*6. Results will only be available online- after the last event.*

*7. Remember Social Distancing at all times.*

*8. No shouting unless you are wearing a face mask*

*9. Detailed instructions about routes, warm up areas and protocols will be emailed after your entry has been confirmed*

Entry is free but you can only enter one event.

Only entries from athletes who have paid their annual membership fees will be accepted (and those in the U9/U11 training group or Sue Petts Intro training group)

Races will be HAND TIMED ONLY

 Held under UKA Rules

Events

U11 Girls/Boys 600m

U13 Girls 200m, 1200m, HJ

U13 Boys 200m, 1500m, HJ

U15 Girls 200m, 300m, 1500m, HJ

U15 Boys 200m, 300m, 1500m, HJ

U17 Women 200m, 300m, 1500m, HJ

U17 Men 200m, 400m, 1500m, HJ

U20 Women 200m, 400m, 1500m, HJ

U20 Men 200m, 400m, 1500m, HJ

SW/Vet W 200m, 400m, 1500m, HJ

SM/Vet M 200m, 400m, 1500m, HJ

Over 18s only – 1mile

 Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age Group\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of birth\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Male/Female\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Tel No.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Print e-mail for confirmation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Event \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PB (or latest time trial time/training best if significantly better ): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

England Athletics URN (not U11): \_\_\_\_\_\_\_\_\_\_\_\_

This event is being held under England Athletics ( v3 22th Aug) and GOV.UK Covid Secure guidelines and as such we will be sending out detailed instructions re registration, warmup area, social distancing, competition protocols and results once your entry is received.

By entering you are committing to following government guidelines and will inform us if in the 7 days prior event you or anyone in your household develop any COVID like symptoms or have been in contact with anyone with symptoms. <https://www.nhs.uk/conditions/coronavirus-Covid-19/>  Your contact data will be retained for 21 days from event date, then deleted.

You must also follow the athlete/parent guidance – latest version available on club website please check regularly for updates. www. bmhac.co.uk

Sign/enter name below to acknowledge and confirm the above (parent to sign if athlete is Under 18)

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Tel No.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

e-Mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Entry Forms e-mailed to openmeet@bmhac.co.uk**

# Closing Date for entry: Friday 18th September

No entries accepted on day

|  |  |
| --- | --- |
|  | **BMHAC 2020 Games** |
|  | **26th September**  |
|  |  | **Provisional Timetable** |
|  | **Registration from 12.30pm**\* |
|  | **Entry - 1 event per athlete** |
|  |  |  |
| 1.30 | **High Jump** | Pool 1  |
| 1.30 | 600m | U11B |
|  | 600m | U11G |
| 1.50 | 200m | U13G |
|  |  | U13B |
|  |  | U15G |
|  |  | U15B |
|  |  | U17W |
|  |  | U17M |
|  |  | U20W/SW |
|  |  | U20M/SM |
| 3.00 | **High Jump** | Pool 2 |
| 3.00 | 1500m | U13B |
|  |  | U15G |
|  |  | U15B |
|  |  | U17W |
|  |  | U17M |
|  |  | U20M/SM |
|  |  | U20W/SW |
| 4.05 | 300m | U15B |
|  |  | U15G |
|  |  | U17W |
| 4.25 | 1200m | U13G |
| 4.35 | 400m | U17M |
|  |  | U20M/SM |
|  |  | U20W/SW |
| 4.50 | 1 Mile | over 18s only |

\* Registration & event times will be confirmed subject to entry numbers

Please do not arrive to register too early, as we are required to limit numbers on site

Check www.bmhac.co.uk for Final Timetable after 21st September